



Saturday, November 4

RUCK 'N WALK

LV VETERANS & MILITARY
COUNCIL 5k

West Bicentennial Park
5351 Park West Lane, Bethlehem, PA 18017

This is a rain or shine event

Join us for the 5k Ruck 'N Run/Walk with Lehigh Valley colleges, universities, employers, and supporters to honor all veterans and military.

- 8 AM | Registration at Middle Pavilion
- 9 AM | 5K Start
- 9:45 AM | Fun Run/Walk Start
- 10:30 AM - 11AM | Awards

Choose Your Event:

5k Ruck | 5k Run/Walk | 1 Mile Fun Walk

Top performing teams and participants will be recognized with associated bragging rights!

Presented By:  Veterans & Military Council
GREATER LEHIGH VALLEY CHAMBER OF COMMERCE

Beneficiary



TO REGISTER PLEASE VISIT:
runsignup.com/VMC5k
TO SPONSOR PLEASE CONTACT:
alisonp@lehighvalleychamber.org

Presenting Sponsor:

Veteran & Military Partner :

Bronze Sponsors:

DEI Champions:

Sponsors as of 9/14

